



Richard (Rick) Troiano, PhD, joined the National Cancer Institute (NCI) Division of Cancer Control and Population Sciences in December 1997. Dr. Troiano received his masters and doctoral degrees in nutrition from Cornell University. In 1993, he entered government service and the Commissioned Corps of the US Public Health Service as an Epidemic Intelligence Service Officer with the Centers for Disease Control and Prevention (CDC). He joined the Division of Health Examination Statistics of the CDC's National Center for Health Statistics (NCHS), where he helped design the body composition, physical activity and physical fitness components of the National Health and Nutrition Examination Survey (NHANES). These components included dual X-ray absorptiometry (DXA) to measure body composition; an expanded physical activity questionnaire to capture activity from transportation, occupation, and household tasks in addition to recreation; and a submaximal treadmill test for cardiovascular fitness. Since moving to the NCI, Dr. Troiano has extended his work with the NHANES by implementing the use of physical activity monitors in the survey to obtain objective measures of participants' physical activity. He continues to promote objective monitoring and the assessment of physical activity from transportation and other non-recreation contexts in other surveys. In September 2006, Dr. Troiano began a detail to the HHS Office of Disease Prevention and Health Promotion to serve as Coordinator for the development of the first Physical Activity Guidelines for Americans.