



School of Public Health and Health Services

**Master of Science (MS) Exercise Science
Assistantship Application Packet**

**Department of Exercise Science
Building K, Room 200
817 23rd Street, NW
Washington, DC 20052
Phone: 202-994-6280
Fax: 202-994-1420**



**School of Public Health and Health Services
Department of Exercise Science
Master of Science in Exercise Science
Graduate Assistantship Information**

Announcement of Graduate Assistantship Openings

The George Washington University Department of Exercise Science is pleased to announce several Graduate Assistantship openings. All applicants to the School of Public Health and Health Services (SPHHS) Master of Science in Exercise Science (MSES) are invited to apply. However, assistantship offers are contingent upon acceptance by applicants into the SPHHS MSES department. You must apply to SPHHS in addition to applying for the Graduate Assistantship.

SPHHS Admissions Application and Information

Please contact the SPHHS Office of Admissions for an Admissions Application and information about the three MSES academic specializations (1. Clinical Exercise Physiology; 2. Exercise, Nutrition and Eating Behavior; 3. Strength and Conditioning). Competitive applicants will have earned a bachelors degree from an accredited college or university with a minimum grade point average of 3.0/4.0 scale. The Admissions Application Instructions outline the materials that you are required to submit and the admissions application deadlines for each semester.

Office of Admissions
202 Ross Hall
2300 I Street, NW
The George Washington University
Washington, DC 20037

Phone: 202.994.2160
Fax: 202.994.1850
Email: sphhsinfo@gwumc.edu
Web: <http://www.gwumc.sphhs/admissions>

Graduate Assistantship Application Information

The Graduate Assistantship (GA) Application deadline is March 15, preceding the fall semester in which the assistantship would begin. Full time Graduate Assistants receive annual tuition benefits for 18 semester credits and receive an additional \$8,000 to help defray the costs of housing and other expenses. Part time Graduate Assistants receive annual tuition benefits for 9 semester credits and receive an additional \$4,000 to help defray the costs of housing and other expenses.

Return your GA Application, two letters of recommendation, and resume to:

Department of Exercise Science
School of Public Health and Health Services
The George Washington University
817 23rd Street, NW
Washington, DC 20052

Phone: 202.994.6280
Fax: 202.994.1420
Email: www.exscprograms2@gwumc.edu



**School of Public Health and Health Services
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Graduate Assistantships – Brief Descriptions**

Graduate Assistantship Assignments

Graduate Assistantship assignments are made based on the applicant's qualifications and the department's needs. There are five GA assignment categories with a total of 8 assistantships available:

1. Undergraduate Exercise and Sport Activity Classes (2 assistantships)

- ◆ Create course outlines
- ◆ Instruct activity classes
- ◆ Test and evaluate students

2. Undergraduate Exercise Physiology Lab (2 assistantships)

Familiarity with exercise testing and fitness assessment protocols and possess and maintain the technical skills and competencies that are required to operate all of the laboratory equipment (exercise testing systems, treadmills, cycle ergometers, gas analysis systems, pulmonary function testing, blood analyzers, and body composition analysis systems).

- ◆ Teach undergraduate and physical therapy exercise physiology labs
- ◆ Conduct, under supervision, sub-maximal and maximal exercise tests (fitness and clinical)
- ◆ Troubleshoot technical problems with the equipment and coordinate necessary equipment repairs
- ◆ Order necessary laboratory supplies and maintain the required inventory of supplies

3. Undergraduate Anatomy/Physiology Lab (1 assistantship)

- ◆ Create labs that stimulate students to learn more about anatomy and physiology in an active, applied learning environment
- ◆ Create tests that assure reliable and valid measurement of students' knowledge
- ◆ Schedule regular office hours to assist students who may need additional help

4. Athletic Training Education Training Program (2 assistantships)

- ◆ Teach undergraduate Care and Prevention, Physical Assessment, Therapeutic Exercise and Therapeutic Modalities Labs
- ◆ Supervise undergraduate athletic training students in the clinical environment
- ◆ Work with student athletes/sports as assigned by the program director and head athletic trainer
- ◆ Organize and schedule in-service presentations
- ◆ Schedule office hours to assist students
- ◆ Inventory athletic training lab equipment
- ◆ Other duties as assigned within the CAAHEP undergraduate Athletic Training program

5. Exercise, Research, and Service Programs (1 available assistantship)

- ◆ Assist faculty in research, teaching, and service
- ◆ Assist department in educational seminars, programs, and professional enhancement activities
- ◆ Contribute to informational bulletin board and newsletter
- ◆ Administrative duties
- ◆ Special projects

* Please note: Lerner Health and Wellness Center offers 8 additional assistantship with varying responsibilities relating to supervising activities within the center. To apply go to Bluefishjobs.com You must be accepted to the SPHHS prior to being accepted for a graduate assistantship position in the Lerner Health and Wellness Center.



**School of Public Health and Health Services
Department of Exercise Science
Master of Science in Exercise Science
Graduate Assistantship Application**

Instructions – Application postmarked deadline is March 15

This application, your resume, copy of college transcripts, and at least 2 letters of recommendation must be sent to:

Department of Exercise Science
School of Public Health and Health Services
The George Washington University
817 23rd Street, NW
Washington, DC 20052

Phone: 202.994.6280
Fax: 202.994.1420

1. Name	2. SSN or GW ID	3. Date
4. Address	5. Phone	6. E-mail
7. Applying for the Following GA Positions <input checked="" type="checkbox"/> All that apply <input type="checkbox"/> Undergraduate Exercise and Sport Activity Classes <input type="checkbox"/> Undergraduate Exercise Physiology Lab <input type="checkbox"/> Undergraduate Anatomy/Physiology Lab <input type="checkbox"/> Lerner Health and Wellness Center (In addition to completing this form, applicants must also apply at www.bluefishjobs.com) <input type="checkbox"/> Athletic Training Education Program <input type="checkbox"/> Exercise, Research, and Service Programs Are you qualified to teach exercise and sport activity classes? <input type="checkbox"/> No <input type="checkbox"/> Yes – see attached		8. Current Professional Certifications <input checked="" type="checkbox"/> All that apply <input type="checkbox"/> Lifeguard <input type="checkbox"/> WSI <input type="checkbox"/> CPR <input type="checkbox"/> ACSM <input type="checkbox"/> IDEA or ACE <input type="checkbox"/> NSCA <input type="checkbox"/> Teaching (see questions 9-10) <input type="checkbox"/> Certified Athletic Trainer <input type="checkbox"/> Other specify _____ _____
9. Graduate School application status <input type="checkbox"/> I have not yet applied for admission to the GWU Graduate School <input type="checkbox"/> I have sent my Graduate School Application to the GWU admissions office <input type="checkbox"/> I have been accepted to the Master of Science in Exercise Science degree program at GWU <input type="checkbox"/> I have made a commitment to attend GWU and sent my <i>Declaration of Intent</i> with my enrollment deposit Intended area of study within Department of Exercise Science: _____		
10. References At least two letters of recommendation from individuals who can attest to your scholarship, teaching ability, or work experience are required. The letters may be included in sealed envelopes with your recommenders' names across the seal and sent with this Assistantship Application or they may be sent by the recommender to the Department of Exercise Science office (address above) postmarked by March 15. List your recommenders here:		
Name of Recommender	Position	Contact Information

11. Education	College or University	Major	Dates	GPA	Degree

12. Results of Graduate Record Examination
 _Verbal: Quantitative: Analytical: Writing : Total:

If you have not yet taken the GRE, please indicate date which you will do so :

13. Academic Honors, Publications, Positions of Leadership, Co-Curricular Activities

14. Relevant Work/Internship/Exercise Physiology Laboratory Experience

15. Candidate statement – In a paragraph or two please state your reasons for applying to GWU Department of Exercise Science, and why you should be considered for a graduate assistantship.



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**Supplemental Application for
Teaching Exercise and Sport Activities Classes**

Return this form with your GA Application if you are applying for a position to teach Exercise and Sport Activities.

Name _____ SSN or GW ID _____

<i>Sport/Activity Content Area</i>	<i>Your Teaching Proficiency</i>	<i>Sport/Activity Content Area</i>	<i>Your Teaching Proficiency</i>
Cardio Conditioning	<input type="checkbox"/> Have taught <input type="checkbox"/> Are Skilled <input type="checkbox"/> Have had instruction <input type="checkbox"/> Unqualified to teach	Volleyball	<input type="checkbox"/> Have taught <input type="checkbox"/> Are Skilled <input type="checkbox"/> Have had instruction <input type="checkbox"/> Unqualified to teach
Basketball	<input type="checkbox"/> Have taught <input type="checkbox"/> Are Skilled <input type="checkbox"/> Have had instruction <input type="checkbox"/> Unqualified to teach	Soccer	<input type="checkbox"/> Have taught <input type="checkbox"/> Are Skilled <input type="checkbox"/> Have had instruction <input type="checkbox"/> Unqualified to teach
Beginning Swimming	<input type="checkbox"/> Have taught <input type="checkbox"/> Are Skilled <input type="checkbox"/> Have had instruction <input type="checkbox"/> Unqualified to teach	Martial Arts	<input type="checkbox"/> Have taught <input type="checkbox"/> Are Skilled <input type="checkbox"/> Have had instruction <input type="checkbox"/> Unqualified to teach
Swimming	<input type="checkbox"/> Have taught <input type="checkbox"/> Are Skilled <input type="checkbox"/> Have had instruction <input type="checkbox"/> Unqualified to teach	Golf	<input type="checkbox"/> Have taught <input type="checkbox"/> Are Skilled <input type="checkbox"/> Have had instruction <input type="checkbox"/> Unqualified to teach
Conditioning and Weight Training	<input type="checkbox"/> Have taught <input type="checkbox"/> Are Skilled <input type="checkbox"/> Have had instruction <input type="checkbox"/> Unqualified to teach	Pilates	<input type="checkbox"/> Have taught <input type="checkbox"/> Are Skilled <input type="checkbox"/> Have had instruction <input type="checkbox"/> Unqualified to teach
CPR and First Aid	<input type="checkbox"/> Have taught <input type="checkbox"/> Are Skilled <input type="checkbox"/> Have had instruction <input type="checkbox"/> Unqualified to teach	Yoga	<input type="checkbox"/> Have taught <input type="checkbox"/> Are Skilled <input type="checkbox"/> Have had instruction <input type="checkbox"/> Unqualified to teach
Life Guarding Instructor	<input type="checkbox"/> Have taught <input type="checkbox"/> Are Skilled <input type="checkbox"/> Have had instruction <input type="checkbox"/> Unqualified to teach	Other (specify)	<input type="checkbox"/> Have taught <input type="checkbox"/> Are Skilled <input type="checkbox"/> Have had instruction <input type="checkbox"/> Unqualified to teach
Tennis	<input type="checkbox"/> Have taught <input type="checkbox"/> Are Skilled <input type="checkbox"/> Have had instruction <input type="checkbox"/> Unqualified to teach	Other (specify)	<input type="checkbox"/> Have taught <input type="checkbox"/> Are Skilled <input type="checkbox"/> Have had instruction <input type="checkbox"/> Unqualified to teach
Racquetball	<input type="checkbox"/> Have taught <input type="checkbox"/> Are Skilled <input type="checkbox"/> Have had instruction <input type="checkbox"/> Unqualified to teach	Other (specify)	<input type="checkbox"/> Have taught <input type="checkbox"/> Are Skilled <input type="checkbox"/> Have had instruction <input type="checkbox"/> Unqualified to teach
Fencing	<input type="checkbox"/> Have taught <input type="checkbox"/> Are Skilled <input type="checkbox"/> Have had instruction <input type="checkbox"/> Unqualified to teach	Other (specify)	<input type="checkbox"/> Have taught <input type="checkbox"/> Are Skilled <input type="checkbox"/> Have had instruction <input type="checkbox"/> Unqualified to teach