

Secondary Fields of Study/Minors  
for  
GW Undergraduate Students

**Background**

Secondary Fields of Study have been established within the University to provide opportunities for formal inter-school study. Students must be enrolled in a degree program and must be in good standing to be eligible to take a Secondary Field of Study in another school. The Secondary Fields generally consist of 15-21 credits of prescribed courses, depending on the Field. Upon successful completion of all requirements, the title of Secondary Field of Study and the courses taken in support of the Field are entered on the student's transcript.

**Secondary Field in Public Health and Health Services**

**Program Director**

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The School of Public Health and Health Services offers the Secondary Field of Study/Minor in Public Health. Through this secondary field/minor, students are introduced to a wide range of issues in areas of public health such as health epidemiology, health management, health policy, health behavior, environmental and occupational health, global health, and others. The Public Health Secondary Field of Study/Minor consists of at least 18 credits (9 credits of required public health courses, three credits of either PubH 102 or PubH 103, and six credits of public health elective courses). The secondary field/minor provides a strong foundation in public health in preparation for professional schools including: law school, medical school, physician assistant school, allied health professional school, public health and health services school. **Admissions Requirements: 2.8 cumulative GPA or above.**

**Secondary Field in Exercise Science**

The School of Public Health and Health Services offers a Secondary Field of Study in Exercise Science through the Department of Exercise Science. Through this secondary field, students are introduced to a wide range of issues in the area of exercise science, personal health and wellness, anatomy, physiology, and kinesiology. The Public Health and Health Services Specialty Field of Study in Exercise Science consists of 15 credit hours (six credit hours of required courses and nine credit hours of advisor approved electives). The Secondary Field provides a strong foundation in exercise science in preparation for professional schools including: medical school, physical therapy school, nursing school, physician assistant school, public health, and further graduate study. **Requirements: 2.25 cumulative GPA or above.**

**To Add or Drop a Secondary Field and to Change the Original Secondary Field Program of Study**

Please see the SPHHS Secondary Field of Study Advisor for information, admission to the specialty field, to drop the specialty field, for assistance in the selection of the elective course(s) and to amend the courses on the original program of study. All transactions require the Application for Undergraduate Secondary Field/Minor form and signatures.

**Advisors**

Exercise Science – Dr. Beverly Westerman, Building K Room 306, 202-994-3862, bev@gwu.edu

Public Health – Ms. Jane M. Smith, Admissions Director 221 Ross Hall, 202.994.0248, sphjms@gwumc.edu



**School of Public Health and Health Services**  
**Application for Undergraduate**

**Secondary Field of Study/Minor**  
**EXERCISE SCIENCE (code 319)**

See Dr. Westerman, Building K Room 306, bev@gwu.edu

Name: \_\_\_\_\_  
(Please Print)

Date: \_\_\_\_\_

Email: \_\_\_\_\_

GWID: \_\_\_\_\_

Action Requested       Add       Drop       Change Program Requirements

Major School: \_\_\_\_\_

Course approval: Please list all courses (department and number) you intend to use to satisfy this field.  
Required Courses (6 credits)

Semester	Course #	Credits	Title	Grade
	EXSC 103	3	Professional Foundations of Exercise & Sport Sciences	
	EXSC 107	3	Personal Health and Wellness	

Elective Courses (9 credits) Please see the Specialty Field Advisor

Semester	Course #	Credits	Title	Grade
	EXSC 105	3	Drug Awareness	
	EXSC 120	3	Body Image in the Concept of Health	
	EXSC 121	3	Current Concepts in Nutrition and Health	
	EXSC 123	3	Developing Health and Fitness Programs	
	EXSC 125	3	Human Sexuality	
	EXSC 133	3	Issues in Alternative Medicine	
	EXSC 134	3	Sport and Nutrition	
	EXSC 135	3	Sport and the Law	
	EXSC 136	3	Issues in Women's Health	
	EXSC 138	3	Administration of Health and Fitness Programs	
	EXSC 140	3	Exercise and Sport Psychology	
	EXSC 145	3	Working, Stress, and Human Values	
	EXSC 146	3	Stress Management, Burnout, and Human Potential	
	EXSC 151	3	Kinesiology	
	EXSC 152	3	Physiology of Exercise	
	EXSC 154	3	Applied Anatomy and Physiology I	
			Others with Advisor's approval	

I have studied the requirements for the secondary field/minor and understand what I must do to meet them. Any changes to the proposed coursework must have written approval of the secondary field department. A copy of this approval must be submitted to the SPHHS Office of Student Records (222 Ross Hall).

Student's Signature \_\_\_\_\_ Date \_\_\_\_\_

Requirements for the secondary field of study must be completed either during or prior to the semester you will graduate.

Approval of the Secondary Field School \_\_\_\_\_ Date \_\_\_\_\_  
Signature

Approval of the Home School \_\_\_\_\_ Date \_\_\_\_\_  
Signature

Distribution Procedure: It is the student's responsibility to distribute the forms after obtaining approvals.  
Copy 1: Home School; Copy 2: Secondary Field School; Copy 3: Student Copy

**School of Public Health and Health Services**  
**Application for Undergraduate**  
**Secondary Field of Study/Minor**  
**Public Health (code 670)**

See: Jane M. Smith, 221 Ross Hall, sphjms@gwumc.edu

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Email: \_\_\_\_\_

GWID: \_\_\_\_\_

Major School: \_\_\_\_\_

Action Requested  Add  Drop  Change Program Requirements

Course approval: Please list all courses (department and number) you intend to use to satisfy this field.

**Required Courses**

Take all three courses for 9 credits

Semester	Course #	Credits	Title	Grade
	PubH 101	3	Introduction to Public Health and Health Services (F, SP)	
	PubH 132	3	Epidemiology: Measuring Health and Disease (F, SP)	
	PubH 180	3	Introduction to Global Health and Development (F, SP)	

**Selective**

Select one course for three credits (The other course may be used to partially fulfill the Elective Public Health courses).

Semester	Course #	Credits	Title	Grade
	PubH 102	3	Biological Basis of Public Health (F, SP)	
	PubH 103	3	Introduction to Preventive Medicine (F, SP)	

**Elective Courses**

Select two from this list (PubH 102 or PubH 103 may be used as an elective, if not taken to fulfill the selective requirement.

Semester	Course #	Credits	Title	Grade
	PubH 102	3	Biological Basis of Public Health (F, SP)	
	PubH 103	3	Introduction to Preventive Medicine (F, SP)	
	PubH 105	3	Plagues and People: A History of Public Health and Epidemic Diseases (F)	
	PubH 106	3	Introduction to Management and Economics of Health Services (F, SP)	
	PubH 121	3	Principles of Health Education and Health Promotion (F)	
	PubH 172	3	Health and Environment (SP)	
	PubH 181	3	Ecology, Health, and Social Development (F)	
	PubH 182	3	Health, Human Rights, and Displaced Persons (not offered)	
	PubH 183	3	Global Delivery of Health Services (Sp)	
	PubH 184	3	International Public Health Practice	
	PubH 185	3	Impact of Culture Upon Health (F)	
	PubH 191	3	Introduction to Health Policy (F, SP)	
	PubH 192	3	Introduction to Health Law (Sp)	
	PubH 193	3	Service-Learning in Public Health (SP)	

I have studied the requirements for the secondary field/minor and understand what I must do to meet them.

Any changes to the proposed coursework must have written approval of the SPHHS Office of Admissions (221 Ross Hall). A copy of this approval must be submitted to the SPHHS Office of Admissions (221 Ross Hall)

Student's Signature \_\_\_\_\_

Date \_\_\_\_\_

Requirements for the secondary field of study must be completed either during or prior to the semester you will graduate.

Approval of the

Date \_\_\_\_\_

Secondary Field School

Signature \_\_\_\_\_

Approval of the

Date \_\_\_\_\_

Home School

Signature \_\_\_\_\_

Distribution Procedure: It is the student's responsibility to distribute the forms after obtaining approvals.

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