

Clinical Outcomes Report

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River Pointe Rehabilitation
and Healthcare Center

Demographics:

Bonnie is a 37 year old female admitted to River Pointe Rehabilitation and Healthcare Center after a prolonged hospitalization with mutiple complications.

Social History:

High level MR patient who live in apartment with partner and was responsible for all self care and home management.

Diagnosis:

Presented with 56% total body surface burns with multiple skin grafts and inhalation injuries.

Co-morbidities:

Uncontrolled Diabetes, MRSA

Short-Term Acute Hospital Interventions:

PEG tube insertion, tracheotomy, NPO, Multiple grafts and Hospital wounds with wound vac, acute inpatient rehabilitation interventions.

Functional Ability Upon Admission:

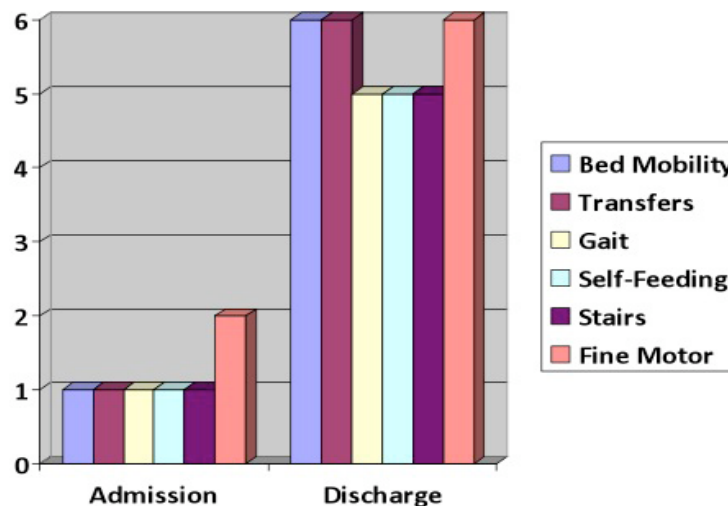
Completely dependent for all self care, grooming, feeding, upon admission: person transfers at max assist, severely limited Range of Motion in both upper and lower extremities with no ambulation.

SNF Course:

Major focus on rehabilitation-PT/OT/ST @ 5x per week. Goals including ambulation, bed mobility, self feeding, increase ROM in upper and lower etremities as well as fine motor skills.

Discharge:

Patient was discharged from all disciplines to continue skilled management of burns and Diabetes, as well as preparation for surgical release of bony blocks at elbows. Bonnie is now ambulating > 250 feet with use of walker, self feeding with stand by assist using adaptive equipment, and engaging in fine motor activities to increase quality of life.



Success Story -- Bonnie:



Bonnie is a 37 year old female admitted after a prolonged and complex hospitalization for severe burns acquired in a house fire. She received a peg tube, multiple skin grafts, tracheotomy , and was unable to complete any self care activities without the assistance of at least one, and often 2 staff members.

During Bonnie's 2 year stay at River Pointe Rehabilitation and Healthcare Center, she received Physical Therapy, Occupational Therapy and Speech Therapy services. Due to the severity of her injuries, she was unable to walk, talk, or even roll over in bed. Through careful and consistent encouragement, she began the process of learning how to do things in a new way.

Through the use of an extended fork, she is now able to feed herself with only standby assistance for more difficult foods. A therapeutic exercise program was implemented, and though painful at times, both upper and lower body strength improved, allowing the therapists to become more optimistic about her prognosis. Eventually, she was able to go from geri-chair to wheel chair, then to a merry walker and is now ambulating on her own accord with a rolling walker.

Fine motor skills and upper extremity range of motion were also addressed. Through the use of unique activities such as latch hook rugs and beading, Bonnie was able to take back control of her badly burned limbs and start doing things she loved. She can now write her name and complete crafts, as well as do the things most people take for granted, such as toileting independently or changing the channel with a remote control.

As Bonnie prepares for a possible procedure to release bony blocks in both her elbows, we here at River Pointe Rehabilitation and Healthcare Center cannot be more pleased with her progress and her determination to be all that she can be after such a devastating tragedy. We are pleased to have been a part of her remarkable recovery and will continue to provide patient and compassionate care for one of our very special patients.

About Kindred Healthcare

Kindred Healthcare, Inc. is a healthcare services company, based in Louisville, Kentucky, with annual revenues of over \$4 billion and approximately 54,800 employees in 40 states. At March 31, 2009, Kindred through its subsidiaries provided healthcare services in 661 locations, including 82 long-term acute care hospitals, 228 skilled nursing centers and a contract rehabilitation services business, people first rehabilitation services, which served 351 non-affiliated facilities. Ranked first in Fortune magazine's Most Admired Companies "Health Care: Medical Facilities" category, Kindred's mission is to promote healing, provide hope, preserve dignity and produce value for each patient, resident, family member, customer, employee and shareholder we serve.

For more information, go to www.kindredhealthcare.com.

River Pointe Rehabilitation and Healthcare Center

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The WCC® plays an important role as a direct care provider, educator and resource for optimum patient outcomes in wound and skin care management. Skin and wound management includes the identification, assessment, management, prevention, and continuing evaluation of patients with alterations in skin/tissue integrity, that includes but is not limited to pressure, vascular, arterial and diabetic ulcerations, as well as skin conditions resulting from incontinence, surgical procedures and/or trauma. Skin and Wound Management is a specialized area that focuses on overall skin care and promotion of an optimal wound environment, including prevention, therapeutic interventions and rehabilitative interventions.

