

Healing:

Emily Morrison Becomes ISCOPEs's First Full-Time Director

The Medical Center recently selected Emily Morrison to serve as director of Interdisciplinary Student Community Oriented Prevention Enhancement Service (ISCOPEs). Morrison, who came to the Medical Center from GW's Office of Community Service, where she served as co-director of the office and director of the Neighbors Project since 2002, became ISCOPEs first full-time director.

ISCOPEs focuses on health education and health care matters. The 11-year-old service learning program, established in 1995 through a grant from the PEW Charitable Trust—partners with 11 community agencies in Washington DC, from clinics to libraries. This year there are 115 students from GW,



including MSIs and IIs, PAs, as well as Physical Therapy and joint PA/MPH program students.

Not coming from a medical background, Morrison has had to take a crash course on the needs of healthcare students. "It's a complex

learning environment," she says. "It encompasses many different issues. What do the students need personally and professionally? Some students are coming straight from undergraduate school, while others have been in the workforce for 20 years."

The key to ISCOPEs, according to Morrison,

is that, in addition to the service component, students learn the different roles each member plays on a health professional team. "Healthcare is a team-oriented practice. This is an opportunity to learn about the other disciplines and learn how to establish a level of trust and understanding both with patients and team members."

One thing that is familiar about the position is the level of commitment displayed by the students.

"GW seems to attract students who have a strong sense of community," Morrison explains. "What I like about working with Medical Center students is they're involved because they've decided on this as their career. The students are more connected because they've already made a commitment to life-long service."

For more information about ISCOPEs call 202/994-7669 or logon at www.gwu.edu/~iscopes/.

Healing:

GW Cardiac Surgeon Saves Life During 31st Marine Corps Marathon

Marathon runners often say they "live to race," but during this year's Marine Corps marathon R.J. Turner found himself in a race for his life. Just a mile into in the 26.2 mile event Oct. 29, which was also his 60th birthday, Turner experienced sudden cardiac arrest and collapsed. Fortunately for Turner, running directly behind him was Dr. Frederick Lough, director of Cardiac Surgery at The George Washington University Hospital, who quickly began cardiopulmonary resuscitation (CPR) after determining Turner was unresponsive. Other runners soon joined Dr. Lough, including a nurse and local paramedics, and the impromptu team continued administering CPR and aiding in Turner's rescue.

According to Dr. Lough, Turner was in ventricular fibrillation, a condition



Left, Dr. Frederick Lough, director of Cardiac Surgery, and Dr. Jonathan Reiner, director of the GW Cardiac Catheterization Laboratory, check in on R.J. Turner who collapsed during the 31st Marine Corps Marathon.

in which the heart's electrical activity becomes unsynchronized, by the time Arlington paramedics arrived on the scene. Dr. Lough used the paramedics' Automated External Defibrillator, placing

the paddles on the man's chest, essentially shocking the heart back into a normal rhythm. After the IV tubes were inserted, Dr. Lough joined the paramedics in the ambulance and directed them to GW Hospital.

Once at the hospital Dr. Jonathan Reiner, director of the GW Cardiac Catheterization Laboratory, performed an angioplasty clearing a blocked artery and implanting a stent to ensure blood flow.

Once Turner was stabilized, Dr. Lough left the hospital, walked down to the Lincoln

Memorial and ran the final 16 miles of the marathon. A West Point graduate, Dr. Lough was running the marathon with his son and his friends who are currently Army cadets at West Point.