

APRIL 2007

## ISCOPEs: GW Improves D.C. Health

On March 22, GW hosted a seminar on helping men cope with death and dying. The seminar was open to the public and co-sponsored by the ISCOPEs Grief and Loss Educational Collaborative. Through the program, ISCOPEs, which stands for Interdisciplinary Student Community-Oriented Prevention Enhancement Service, helps individuals develop the skills to deal with the spiritual, emotional, and physical issues of mortality. It is a unique public service and just one of many ISCOPEs programs throughout the Washington, D.C., region.

Housed within GW's School of Medicine and Health Sciences, ISCOPEs gives students yearlong service-learning experiences that address public health needs in the District.

ISCOPEs currently partners with 11 organizations in the city: Bread for the City, Community of Hope, D.C. Health Resources Partnership, D.C. Healthy Start, Eastern High School, Grief and Loss Education Collaborative, Health Information Partners, Healthcare for the Homeless, La Clinica del Pueblo, Mary's Center for Maternal & Child Care, and St. Mary's Court/IONA.

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## GW Fact

Free prostate screening is offered by GW's Cancer Institute, Medical Faculty Associates, Hospital, and the Medical Center every Friday morning. For more information or to schedule an appointment, call (202) 741-3106.

## Jane Lingo: A Legend in Foggy Bottom



For the last 60 years, both the District and The George Washington University benefited from the life and work of a charming, intelligent native Washingtonian named **Jane Lingo**. Her death on Feb. 23 meant the loss of a woman whose love for her city was only matched by her dedication to one University in it.

Wherever GW was represented to the larger community, Lingo could be found. Her meticulous notes from Advisory Neighborhood Committee meetings were well-known, as was her enthusiasm for the FRIENDS group. In addition to her warm physical presence, her writings on behalf of GW formed the image of the University for many in the city and beyond.

Lingo was the perfect ambassador for GW in Washington. She lived almost her entire life in the city, having been raised and then settling in the

same Adams Morgan house in Ward 1, represented by **Councilmember Jim Graham**. In her youth, she was already immersed in D.C. life, volunteering with the American Red Cross and United Service Organizations. While a member of the Junior League, she contributed to a book titled *The City of Washington*.

College brought her to Foggy Bottom. She earned a Bachelor of Arts degree with distinction in French literature in 1946. Upon graduation, she pursued service opportunities all over the world before coming back to the city and University she loved.

Her professional GW career started in 1956 as a staff writer in the Office of University Relations. Eight years later, she became assistant director of University Relations, a position she held for the rest of her life.

Lingo's involvement in D.C. organizations also included the GW Hospital Women's Board; Columbian Women, which is the University's oldest scholarship support group; Hillwood Museum and Gardens; Dumbarton House; Blair House; the Adams Morgan Neighborhood Association; the Mayor's Advisory Committee for Neighborhood Beautification; the Shakespeare Theatre; the Washington National Opera; and the YWCA of the National Capital Area.

She was one of the first women invited to join the National Press Club in 1971 and served as president of the American News Women's Club from 1990-1992. Distinguished journalist Helen Thomas was one of her close friends. Thomas beautifully encapsulated Lingo's life, "Jane was such a part of Washington....She did a great job at GW—GW was her middle name, her second home. She made a great contribution to the University. Jane was always upbeat with a big smile and had legions of friends. She was very intelligent and the kind of friend you always wanted to have."

(ISCOPES continued)

Participating students come from various health services backgrounds and work with the community to design and implement health education and promotional activities for people with limited access to health care.

The Grief and Loss project employs health care professionals from all disciplines to provide support to those facing a life-challenging illness or coping with the loss of loved ones. The recent seminar featured **Thomas Golden**, author of *Swallowed by a Snake: The Gift of the Masculine Side of Healing*.

**Julie Elrod**, a student working on the Grief and Loss Educational Collaborative, has learned that people deal with different kinds of losses, including that of a limb or a function. She says, "The Grief and Loss Education Collaborative has been instrumental in teaching me how to approach my patients' grief as well as how to take in my own grief and embrace it in a productive way."

*Over the coming months, GW Minute will profile various ISCOPEs projects.*

## Horton's Kids Go Bowling at GW



*Children from nonprofit Horton's Kids are all smiles from bowling at GW's Hippodrome.*

**T**wenty-two children from the Washington, D.C., nonprofit Horton's Kids spent a recent Sunday bowling and enjoying GW's Hippodrome. In an outing co-sponsored by the Office of Government, International, and Corporate Affairs, the children had the top floor of the Marvin Center all to themselves.

Founded in 1991, Horton's Kids works with more than 200 children and families in Ward 8, represented by **Councilmember Marion Barry**. The nonprofit provides different forms of family support including "mobile tutoring," during which children are bused from their neighborhood to federal office buildings equipped with volunteers and academic materials. Every Sunday, Horton's Kids go on field trips across the D.C. region, including to the White House, the Smithsonian, local parks, and swimming pools.

Horton's Kids Founder and Executive Director **Karin Walser** calls the visit to GW's Hippodrome "a rewarding trip for everyone who participated."

The children, who range in age from 5 to 18, live in the Wellington Park apartment complex in Anacostia. "It is one of Washington's worst neighborhoods," says Walser. "There are no beautiful bowling alleys here."

She says one of her main imperatives is to expose the children to new environments to broaden their experience and ideas. Walser concludes, "The children of Horton's rarely get to see the world outside of their bleak inner city neighborhood, so bowling in a place like GW is a special treat, and they all went home very happy from it."

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Office of Government, International and Corporate Affairs  
1922 F Street, NW, Suite 301  
Washington, DC 20052

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