

GW Alumni Spotlight

GW PT Alumnus

**Tosha A. Winger, PT, MS,
DPT**

GW PT Class of '01

Position

Clinic Director, Inova Physical Therapy
Center in Woodbridge, Virginia

Describe your work environment

I work in a fast-paced, outpatient sports medicine and orthopedics facility with 1,600 to 1,800 monthly patient visits. Our staff includes 7 PTs, 2 PTAs, 1 OT, 1 SLP, 2 rehabilitation aides, and 4 clinic receptionists.

What do you enjoy about your work?

I enjoy the dual role of providing quality patient care coupled with the responsibility of effectively managing a large, multi-disciplinary staff.



What were your favorite classes?

Dr. Bohn's Anatomy and Neuroanatomy classes were my favorites. He made challenging content areas exciting and less difficult to master. Also, the clinical scenarios introduced in Principles of Practice are often comical, yet accurately depict likely scenarios in the clinic.

How did GW prepare you for clinical practice?

All of the necessary tools for excellence as an entry-level graduate were introduced in the classroom, laboratory, or clinical affiliations.

What is your advice for new students attending GW?

The program truly fosters an environment where learning is fun and engaging. Any individual interested in pursuing a career in physical therapy should embrace the rigorous, yet rewarding, training as it prepares one to consistently deliver quality patient care.